

## Perceived influence over marine conservation: determinants and implications of empowerment

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**ABSTRACT**

Calls for participatory conservation recognize the role individuals can play in developing interventions that consider local needs, championing sustainable practices and driving change. Understanding empowerment is integral to facilitating implementation of these measures, but remains mostly unexplored in conservation. Using the island of Príncipe (São Tomé and Príncipe) as a case study, we undertook household surveys (N=869) to assess linkages among poverty, natural resource use, and perceived individual and collective influence over marine conservation, including gender considerations. State law enforcement, collective influence, freedom of choice and action, marine environment condition and living in coastal community were key variables for understanding individual influence. No-fishing areas and raising awareness about sustainable practices were particularly recommended by those with higher perceived influence. This information is essential for facilitating empowerment and laying robust foundations for fisheries co-management, particularly given the key role communities can play in the face of limited state capacity and enforcement.

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## 1 INTRODUCTION

2 Over the past few decades, the value of stakeholder engagement has been increasingly recognized,  
3 leading to frequent calls for participatory conservation, often aiming to reduce marginalization,  
4 increase stakeholder trust, promote social learning and reduce implementation costs (Reed 2008;  
5 Sterling et al. 2017). While some aspects of the role of stakeholder engagement in conservation  
6 outcomes remain poorly understood (Sterling et al. 2017), participatory community-based initiatives  
7 acknowledge how important local communities can be for championing robust pathways that consider  
8 local needs and priorities, and promoting or hindering the long-term persistence of conservation  
9 programmes (Bennett et al. 2019). This has led to increasing focus on understanding and facilitating  
10 the role of individuals in collaborative actions to modify environmentally damaging activities (Amel et  
11 al. 2017).

12  
13 Getting people to act upon environmental issues is a key consideration of efforts worldwide, such as  
14 citizen science (e.g. McKinley et al. 2017) and private land conservation (e.g. Selinske et al. 2015)  
15 initiatives. For example, co-management has received much attention as a tool aimed at improving the  
16 legitimacy and effectiveness of resource management by establishing the sharing of responsibility and  
17 authority between the state and resource-users, and has been increasingly adopted in coastal-marine  
18 environments (Evans et al. 2011). While co-management can empower communities through  
19 collaboration and integration in conservation efforts (Granek & Brown 2005), empowerment must be  
20 an integral part of the process preceding and facilitating its implementation (Chuenpagdee & Jentoft  
21 2007). Individual and community empowerment are thus central elements of co-management  
22 (Pomeroy et al. 2001), and small-scale fisheries users' empowerment has increasingly gained more  
23 focus in research (e.g. Wiber et al. 2009; Fröcklin et al. 2018) and international policy, e.g., the FAO's  
24 Voluntary Guidelines for Securing Sustainable Small-Scale Fisheries in the Context of Food Security  
25 and Poverty Eradication (FAO 2015).

26  
27 Empowerment has been suggested as one of the most important contributions of co-management  
28 (Jentoft 2005) and this term is widely used in the literature, sometimes with different meanings. It is  
29 generally perceived as a multidimensional enabling process, enhancing the abilities of people to  
30 influence processes affecting their lives. Zimmerman and Rappaport (1988) identified four dimensions  
31 of empowerment: personality (i.e. the feeling of being able to influence something by one's own  
32 action), cognitive (i.e. the belief that one has the skills and ability to achieve goals), motivational (i.e.  
33 willingness, desire and resolve to control one's environment) and contextual (i.e. the individual's  
34 awareness of factors influencing life situation, including collective action). Empowerment is also  
35 related to the concept of agency, which generally refers to the ability of people – individually or  
36 collectively – to have free choice in responding to change (Bandura 2000). For a detailed discussion  
37 about definitions and indicators, see Ibrahim and Alkire (2007). In this study, we focus on  
38 empowerment as the self-reported perceived ability to influence marine conservation. Given  
39 widespread focus on establishing participatory and co-management approaches in small-scale fisheries  
40 (Evans et al. 2011), understanding local communities' perceptions regarding their ability to influence  
41 conservation is at the core of assessing how to involve people towards producing positive  
42 environmental change, but remains largely unexplored. This is highly relevant in developing countries

43 as failures in achieving action towards social-ecological resilience might have severe consequences due  
44 to the high levels of biodiversity, high reliance on natural resources and potential socioeconomic  
45 impacts to already impoverished communities.

46  
47 Using marine conservation and small-scale fisheries in the island of Príncipe (São Tomé and Príncipe)  
48 as a case study, we assessed resource use and perceived state of fisheries and the marine environment.  
49 We then applied a framework linking multiple poverty domains and context-specific indicators to  
50 identify and characterize key determinants of empowerment towards marine conservation, and  
51 provide a better understanding of potential management implications. In light of recent efforts to  
52 enhance protection of the marine environment in this region (Nuno et al. 2015), this information is  
53 essential for addressing potential factors that might facilitate empowerment as well as laying robust  
54 foundations for co-management of natural resources.

55

## 56 **METHODS**

57

### 58 **Study area**

59 The Democratic Republic of São Tomé and Príncipe (STP) consists of two small oceanic islands in  
60 the Gulf of Guinea, some 220km off the coast of Central Africa. STP has *ca.* 198,000 inhabitants (INE  
61 2017) with population density unevenly split between islands (Príncipe, with an area of only 142 km<sup>2</sup>,  
62 has around 8,300 inhabitants, while São Tomé hosts >95% of the population in an area of around 850  
63 km<sup>2</sup>). Based on an agrarian economy, STP sees reliance on subsistence farming and fisheries, with  
64 66% of the population below the \$3.2 per day poverty line (World Bank, 2019). Artisanal fishing  
65 employs 25% of the working population (fishers, generally men, and fish traders, generally women,  
66 and their dependents) and fish consumption rates are among the highest in the world (57.8 kg capita<sup>-1</sup>  
67 year<sup>-1</sup>; Belhabib, Sumaila, & Pauly, 2015), contributing more than 60% of consumed animal protein  
68 (Béné & Heck 2005). Degradation of marine ecosystems, declines in fish stocks and changes in  
69 fisheries practices suggest ongoing social-ecological changes in STP (Maia et al. 2018), with subsequent  
70 livelihood impacts.

71  
72 Historically, Príncipe has received relatively little marine conservation attention with poor planning,  
73 low capacity and limited monitoring and enforcement being major barriers to effective management  
74 (Nuno et al. 2015). This emphasises the need for participatory approaches involving local communities  
75 in the design of conservation measures (Alexander et al. 2018) as, given current challenges related to  
76 the inability of authorities to conduct strong inspection and oversight measures in Príncipe,  
77 communities could be key enforcers of such measures.

78

### 79 **Survey design and administration**

80 Based on insights from 14 focus group discussions and pilot study (further methodological details in  
81 Appendix A1), questionnaire sections focused on: individual and household sociodemographic  
82 characteristics; use of natural resources of conservation interest (both marine and terrestrial, such as  
83 rays, sea turtles and introduced monkeys); perceptions about threats, changes and opportunities for  
84 fishing livelihoods; opinions about marine resource management and decision-making as well as rule-

85 breaking and individual freedom of choice and action. English and Portuguese versions of the  
86 questionnaire are provided in Appendix A2.

87

88 Between 6<sup>th</sup> of February and 21<sup>st</sup> of March 2017, questionnaires were administrated by a trained team  
89 of six local enumerators; all interviews were conducted in Portuguese and, if required, creole  
90 explanations were used. Surveyed communities included: the six permanent coastal communities (i.e.,  
91 temporary communities or landing sites were excluded) and five randomly-selected non-coastal  
92 communities (Fig. 1). Surveys were administrated to all households, targeting household head and  
93 respective partner separately, if available, providing they were residents (defined as living in that  
94 community at least 6 months per year; INE 2012) and aged 18 or older.

95

### 96 **Study framework**

97 In addition to obtaining information on demographic and economic variables, namely age, gender,  
98 main occupation, education level and migration status based on location of birth, and household size  
99 (adults and children), asset ownership and type of household occupations, we measured three poverty  
100 domains: security, opportunity and empowerment (World Bank 2001; Table 1). Following Gurney et  
101 al. (2014), each domain of poverty was considered to be represented by different components,  
102 operationalized in this study by context-specific indicators tailored to assess potential linkages among  
103 poverty, resource use and respondents' perceived individual and collective ability to influence marine  
104 protection in Principe (hereby designated as "influence"; Table 1). Influence is used in this study as a  
105 key component of empowerment and our main variable of interest, while acknowledging the  
106 complementary and interconnected nature of the variables described in Table 1. These indicators do  
107 not cover all facets of each component or domain of poverty but are meant to represent key issues  
108 identified as potentially important during group discussions in the study area (Appendix A1).  
109 Indicators concerning respondents' perceptions were assessed using 5-point Likert-type scales.

110

### 111 **Data analysis**

112 To consider whether individual and collective influence items measured the same latent variable, we  
113 considered their internal consistency; given relatively low internal consistency (Cronbach's  
114  $\alpha=0.52$ ), we kept these two measures separate. We explored relationships between individual and  
115 collective influence scores and all other measured aspects (Table 1). To account for the quantitative  
116 nature of Likert-type scales, ordered logistic regressions were used to assess relationships. To  
117 investigate effects on binary variables, generalized linear models with quasi-binomial error distribution  
118 and a logit link were fitted. Akaike information criterion (AIC) was used to select the most  
119 parsimonious models and to rank models according to their log-likelihood penalised for the number  
120 of parameters (Burnham & Anderson, 2002). We averaged parameter estimates across models with  
121  $\Delta AIC < 4$  using the MuMIn package v.1.42.1 (Bartoń 2018). Statistical analyses were conducted in R  
122 version 3.4.4 (R Core Team 2018).

123

## 124 **RESULTS**

125

### 126 ***Study participants***

127 A summary of key socio-demographic characteristics of participants is provided in Table S1. Among  
128 the 869 respondents, 202 reported to be fishers (all men) and 153 as fish traders (all women) – see  
129 Table S1 for more information on gender comparisons between fishers and fish traders, differences  
130 between respondents reporting themselves as fishers and fish traders to those with other occupations,  
131 as well as respondents in coastal and non-coastal communities.

132

### 133 ***Perceived state of fisheries and marine environment and resource use***

134 Among all survey respondents, 54% stated fisheries catch in Principe had decreased during the last  
135 ten years, while 10% reported no change and 10% believed catch had increased, with remaining 26%  
136 saying they didn't know (Table S3). When asked about fish abundance at sea, 38% reported a decrease  
137 over last ten years, with 13% reporting no change and 9% saying it had increased; 41% didn't know.  
138 Among fishers and fish traders, higher percentages of respondents reported worsening of conditions  
139 (Table S3). Respondents were more likely to report decreases in both fish catch and fish abundance  
140 at sea if they were men ( $p < 0.001$ ), fisher or fish traders ( $p < 0.001$ ) and had higher education than  
141 primary ( $p < 0.002$ ). Fifty-eight percent of respondents agreed they had some individual ability to  
142 protect the marine environment in Principe, with 35% disagreeing. This was more promising for  
143 collective influence, with 79% of respondents agreeing their communities had some ability to protect  
144 the marine environment and only 10% disagreeing.

145

146 When focusing on use of natural resources of conservation interest, we found that during the 12  
147 months prior to our study, sharks and rays were consumed by 48% and 17% of our study participants,  
148 respectively (Table S2). Other marine species less frequently consumed include: sea turtles (5% of  
149 respondents), brown boobies (4%), dolphins and tropicbirds (1%; Fig. 2). Among the terrestrial  
150 species, monkeys and bats were consumed by 33% and 12% of respondents, respectively, while 7%  
151 consumed civets. Consumption of monkeys ( $p < 0.02$ ) and bats ( $p < 0.01$ ) was more likely in non-coastal  
152 communities and sharks ( $p < 0.001$ ), rays ( $p < 0.03$ ), brown boobies ( $p < 0.02$ ) and sea turtles ( $p < 0.05$ )  
153 were more frequently consumed in coastal areas; no significant differences were found for  
154 consumption of civets, dolphins and tropicbirds. When considering the source of these products, 50%  
155 of shark consumers had purchased it, while receiving as a gift was the most important source for  
156 brown boobies (Table S2), suggesting potential different drivers for their trade.

157

### 158 ***Potential predictors of empowerment***

159 When considering perceived individual influence as a key component of empowerment, state  
160 enforcement, collective influence, freedom of choice and action, condition of local marine  
161 environment and living in a coastal community were the most important variables for understanding  
162 variation in respondents' answers (Table 2). Higher rates of perceived influence were more likely when  
163 respondents lived in coastal communities, had higher levels of individual freedom of choice and action  
164 and collective influence, as well as when they perceived higher state enforcement of fisheries laws.  
165 Respondents who answered "don't know" about marine environment condition were less likely to  
166 perceive high influence than those who believed this remained the same, worse or better (Table 2).  
167 Other variables also included in the top models but with less support were gender, birth place and  
168 involvement in community decisions. The remaining variables had relative importance  $< 40\%$  and  
169 change in fisheries catch ("fish catch") was not retained in the top models.



170  
171 Collective influence was best explained by involvement in fisheries management decisions, individual  
172 influence, freedom of choice and action and condition of local marine environment (Table S4). Being  
173 a coastal community was not an important predictor of collective influence.

174

### 175 *Management preferences and implications of empowerment*

176 When asked to choose the three most important actions for increasing fish abundance at sea in  
177 Principe, fishers and fish traders were significantly more likely to identify stop fishing at bays  
178 ( $p < 0.001$ ), create no-fishing areas ( $p < 0.01$ ), create other jobs for fishers ( $p < 0.001$ ) and involve fishers  
179 and fish traders in fisheries decisions ( $p < 0.04$ ) than other respondents (Table S5). Fishers and fish  
180 traders provided similar recommendations, except for stop fishing at bays which was significantly  
181 more recommended by traders than fishers ( $p < 0.05$ ). Stopping use of small mesh nets was the most  
182 common recommendation (69% of all respondents; Table S5).

183

184 Respondents with higher levels of perceived influence were more likely to recommend: stop use of  
185 small mesh nets; stop fishing at bays; create no-fishing areas; raise awareness about sustainable fishing  
186 practices; increase state enforcement; and regulate industrial fishing (Fig. 3). Surprisingly, involving  
187 fishers and fish traders in fisheries decisions was less likely to be recommended by participants with  
188 higher levels of perceived individual influence. Creating no-fishing areas and raising awareness about  
189 sustainable fishing practices were the two actions with the highest increase according to influence  
190 levels; this effect was particularly high for creating no-fishing areas and individual influence (Fig. 3).

191

## 192 **DISCUSSION**

193 Social license for conservation requires meaningful stakeholder engagement, promoting cooperation  
194 (McKinley et al. 2017; Alexander et al. 2018). There is, however, limited understanding of what fosters  
195 or hinders people's perceived ability to act upon conservation issues. By exploring linkages among  
196 multiple poverty domains, resource use and perceived influence over marine conservation, including  
197 gender considerations, we obtained insights that are essential for assessing conservation feasibility and  
198 facilitating engagement. These are key for enabling effective participatory conservation (Bennett et al.  
199 2019) and helping towards fulfilling Sustainable Development Goals commitments (e.g. goals 1, 14  
200 and 16).

201

202 Understanding how and when people might be more likely to act upon environmental issues is at the  
203 core of promoting pro-environmental behaviours. Our results suggest that indicators related to  
204 governance, freedom of choice and action, participation and natural capital were key components  
205 explaining variation in perceived influence over marine conservation. Factors such as wealth, fisheries  
206 dependence and socio-demographics did not seem to play a major role, pointing to the need of  
207 accounting for a wide range of socio-psychological factors when assessing social capital for  
208 conservation implementation (Pretty & Smith 2004). For example, Mills et al. (2013) found that  
209 conservation feasibility in the Solomon Islands was associated with characteristics of the governance  
210 system, users, and the socioeconomic and political setting. We also found that perceptions of  
211 worsening conditions of the marine environment in Principe were generally widespread among  
212 respondents. Although consumption of key marine and terrestrial taxa varied between areas, many of

213 the issues explored in this study showed similar effects in both coastal and non-coastal communities;  
214 this is likely to be related to the very small size and population of the island, as well as high reliance  
215 on small-scale fisheries as source of income and food (Béné & Heck 2005; Belhabib et al. 2015).

216  
217 Empowerment has frequently been suggested as crucial for establishing natural resource co-  
218 management, being both a requirement and a goal of such initiatives (Jentoft 2005; Jentoft et al. 2018).  
219 In addition to providing a better understanding of local context and conservation feasibility, it is thus  
220 essential considering the management implications of varying empowerment levels. We found that  
221 people with higher levels of perceived influence over marine conservation were more likely to  
222 recommend specific measures (i.e. creating no-fishing areas and raising awareness about sustainable  
223 fishing practices). This suggests specific linkages between empowerment and social acceptability,  
224 illustrating benefits of conducting social characterization of communities affecting, or being affected  
225 by, interventions (Bennett et al. 2019) and investing in empowering stakeholders (Fröcklin et al. 2018).  
226 Collective action was perceived as more influential than individual action, providing insights about  
227 message framing to be used to promote engagement (e.g. emphasize power to achieve something  
228 together). Assessments of previous collaborative initiatives are, however, essential; fisheries  
229 associations in Principe remain incipient, conflicted and mainly a funds-driven endeavour (Nuno et  
230 al. 2015), suggesting that informal collective action might be more locally appropriate.

231  
232 Fostering individual and collective action towards addressing environmental challenges is crucial for  
233 moving towards long-term sustainability (Amel et al. 2017). Empowerment has been often stated as a  
234 goal of community-based initiatives but few have critically analysed its determinants and implications.  
235 This largely unexplored component can have important implications for conservation planning and  
236 implementation and we suggest explicit assessments (e.g. adapting our survey tool) should be  
237 incorporated as part of monitoring and evaluation initiatives. By expanding our understanding of  
238 empowerment in small-scale fisheries (e.g. assessing multiple dimensions as suggested by Zimmerman  
239 and Rappaport 1988), we might start unravelling the complexity of promoting meaningful community  
240 engagement over sustainable resource use. While local context is likely to be a major factor, wider-  
241 scale and cross-cultural assessments should provide much needed insights about how to empower  
242 people for effecting positive conservation change (e.g. certain cultures are more used to unequal power  
243 distribution and might be less likely to be empowered by management changes; Eylon & Au 1999).

244  
245 Advancing the sustainable use and conservation of the oceans continues to require effective strategies  
246 (FAO 2015; Sala et al. 2018). Here, we reinforce the key role communities can play in shaping strategies  
247 to secure local livelihoods, food security and reverse the cycle of decline in ocean health. By investing  
248 in assessing and facilitating empowerment among conservation actors (e.g. resource users, non-  
249 governmental environmental staff, civil society), we will promote involvement of diverse stakeholders  
250 working towards common visions and actions and ultimately promote the co-development of  
251 conservation strategies (Nel et al. 2016); this will be crucial for achieving long-term sustainability.

252

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### Figure legends

**Figure 1.** Location of (A) São Tomé and Príncipe in the Gulf of Guinea, with both inhabited islands illustrated, and (B) surveyed coastal (blue) and non-coastal (orange) communities in the island of Príncipe. C and D are fishing communities in Príncipe. Photo credits: Ana Nuno and Dário Pequeno Paraíso.

**Figure 2.** Prevalence of consumption of several marine and terrestrial taxa of conservation concern or interest by surveyed participants (N=869) in the island of Príncipe during the last 12 months prior to our study. White bars illustrate coastal and marine species and grey bars refer to terrestrial species. Sea turtles are legally protected in São Tomé and Príncipe, making harvest, selling and consumption illegal. Mona monkey (*Cercopithecus mona*) and African civet (*Civettictis civetta*) are introduced species. Further details in Table S2.

**Figure 3.** Odds ratios (with 95% confidence intervals) of increase in level of self-reported perceived individual (black) and collective (grey) influence as a function of survey respondents recommending specific management actions. A: Stop use of small mesh size nets; B: Decrease number of hooks; C: Stop fishing at bays; D: Create no-fishing areas; E: Create other jobs for fishers; F: Raise awareness about sustainable fishing practices; G: Involve fishers and fish traders in fisheries decisions; H: Increase state enforcement; I: Regulate industrial fishing. Each level shown is compared with baseline “option not recommended”. Grey line represents odd ratio = 1 (both groups have same odds).

### Table legends

**Table 1.** Framework used in this study to explore potential drivers of respondents' perceived individual and collective ability to influence marine protection in the island of Príncipe (São Tomé and Príncipe). This framework is based on Gurney et al. (2014), with the addition of complementary context-specific indicators identified as potentially important during focus group discussions in the study area. HH represents information collected at household level (instead of individual level).

**Table 2.** Parameter unconditional estimates obtained from the averaged ordered logistic regressions fitted to self-reported levels of perceived individual influence over marine conservation in the island of Príncipe. Reference levels: male; primary education; born in Príncipe; coastal community; non-member of association; above median wealth; worse fish catch; worse condition of local marine environment. Shading denotes significance at  $P < 0.05$ . ---: Absent from the best performing models.

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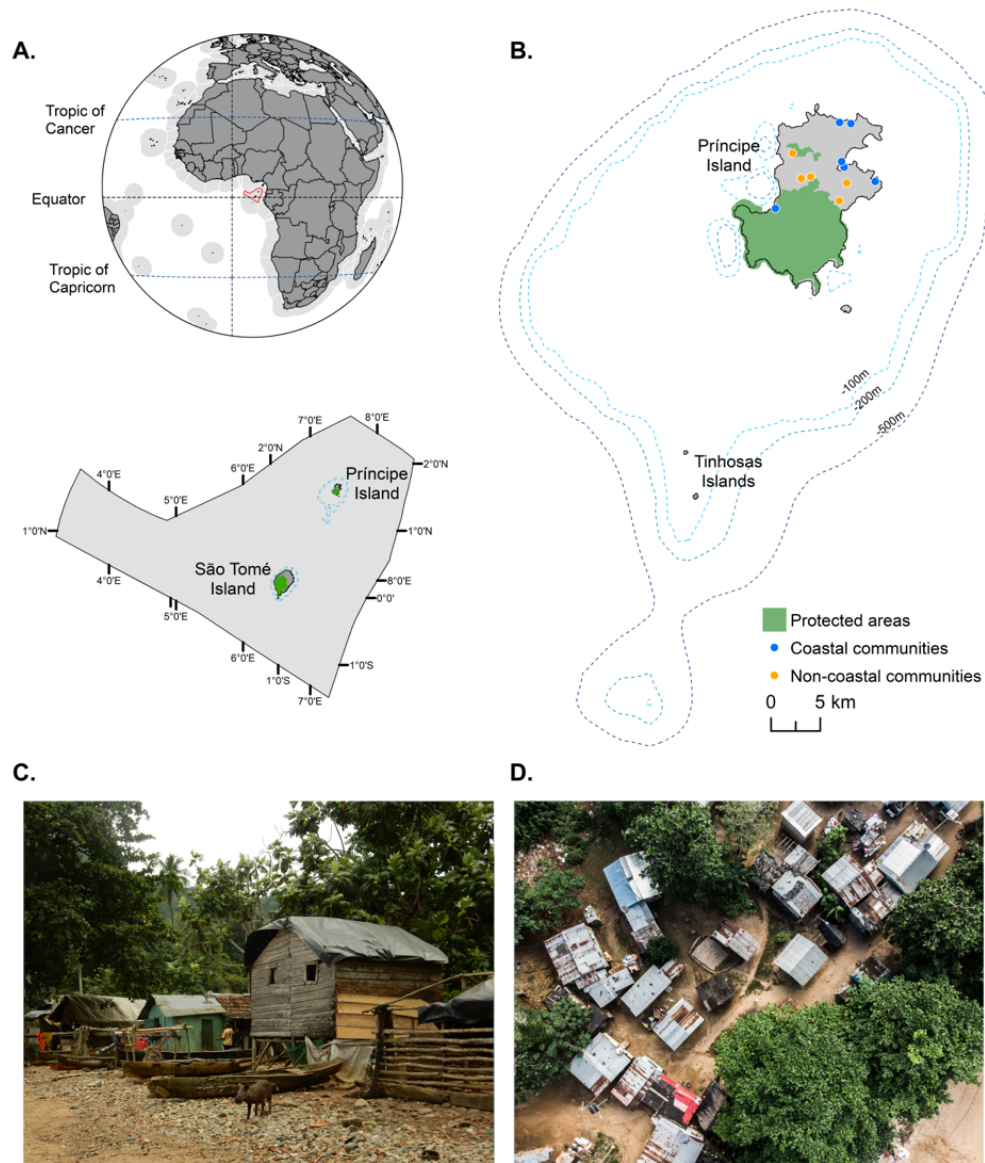


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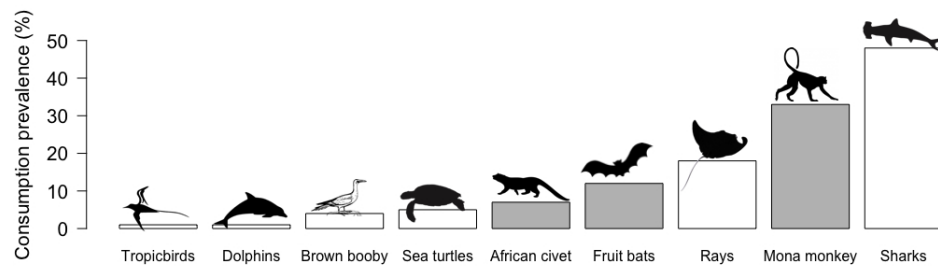


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377x133mm (72 x 72 DPI)

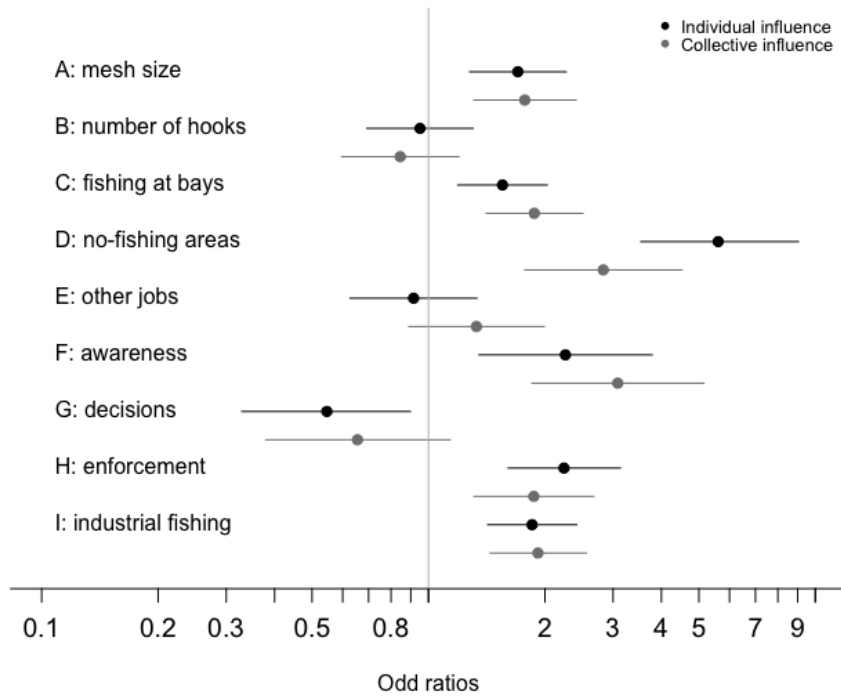


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255x210mm (72 x 72 DPI)

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Poverty domain	Component measured	Indicator	Description
<i>Security</i> (reducing vulnerability to risks)	Livelihood diversity (HH)	Average number of different occupations	Total number of different occupations in the household divided by the number of all household members
	Resource dependence	Fisheries dependence	Whether fishing or fish trading is the primary occupation
<i>Opportunity</i> (for work and to build up assets)	Financial capital (HH)	Wealth (material style of life)	Principal component score based on household assets (e.g. including type of house walls, mobile phone, motorbike; further details Figure S1)
	Natural capital	Fish catch	Present fish catch reported as worse, same or better than ten years ago
		Condition of local marine environment	Present fish abundance at sea reported as worse, same or better than ten years ago
<i>Empowerment</i> (influencing decision-making processes that affect their lives)	Governance	Level of perceived compliance with fisheries regulations at community level	Agreement with statement "People in my community comply with fisheries regulations" based on a 5-point Likert-type item
		Community enforcement of fishing laws	Disagreement with statement "If anyone breaks fisheries rules, my community doesn't do anything" based on a 5-point Likert-type item
		State enforcement of fishing laws	Disagreement with statement "If anyone breaks fisheries rules, authorities in Príncipe don't do anything" based on a 5-point Likert-type item
	Freedom of choice and action	Level of freedom of choice and action	Composite scale on agreement with statements "I feel pleased about my occupation", "I can decide my own life's path" and "I have a lot of opportunities to decide my own life's path" based on sum of three Likert-type items
	Participation	Level of involvement in community decision-making	Agreement with statement "I am involved in decisions made in my community" based on a 5-point Likert-type item
		Level of involvement in fisheries management decisions	Agreement with statement "I am involved in decisions made about fisheries management in Príncipe" based on a 5-point Likert-type item
	Influence	Perceived individual ability to influence marine protection	Disagreement with statement "There's nothing I can do to protect the sea in Príncipe" based on a 5-point Likert-type item
		Perceived collective ability to influence marine protection	Agreement with statement "If people in my community work together, we can protect our sea" based on a 5-point Likert-type item
	Control	Potential control about factors affecting fish abundance at sea	Proportion of fisher-related factors (e.g. fishing at bays, effort, mesh size) listed among top three perceived factors affecting fish abundance at sea in Príncipe (ranging from 0:

			none are fisher-related to 1: all are fisher-related)
	Collaboration	Membership of association	Whether belongs to any association (e.g. fishers, women, youth, church)

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**Table 2.** Parameter unconditional estimates obtained from the averaged ordered logistic regressions fitted to self-reported levels of perceived individual influence over marine conservation in the island of Príncipe. Reference levels: male; primary education; born in Príncipe; coastal community; non-member of association; above median wealth; worse fish catch; worse condition of local marine environment. Shading denotes significance at  $P < 0.05$ . ---: Absent from the best performing models.

Parameter	Individual influence		
	Estimate (S.E.)	z-value	Relative variable importance
Gender: female	0.19 (0.19)	1.012	0.68
Age	0.01(0.01)	0.039	0.09
Education level			
None	0.06 (0.21)	0.266	0.09
Higher	0.01 (0.05)	0.103	
Birth place			
São Tomé	0.07 (0.13)	0.503	0.43
Other country	0.32 (0.45)	0.713	
Coastal community: no	-0.51 (0.18)	2.771	1
Livelihood diversity	-0.01 (0.06)	0.226	0.15
Fisheries dependence: no	0.03 (0.09)	0.248	0.17
Membership of association: yes	0.01 (0.07)	0.165	0.13
Wealth: below or equal to median	0.01 (0.07)	0.187	0.13
Fish catch			
Same	---	---	---
Better			
Don't know			
Condition of local marine environment			
Same	0.06 (0.24)	0.256	
Better	-0.36 (0.28)	1.284	1
Don't know	-0.57 (0.19)	2.925	
Perceived compliance	0.02 (0.06)	0.335	0.22
Community enforcement	-0.01 (0.03)	0.039	0.09
State enforcement	0.26 (0.08)	3.008	1
Freedom of choice and action	0.51 (0.13)	3.932	1
Involvement in community decisions	0.05 (0.09)	0.599	0.41
Involvement in fisheries decisions	0.01 (0.05)	0.241	0.17
Individual/collective influence	0.96 (0.12)	8.135	1
Control about fish abundance at sea	0.12 (0.24)	0.489	0.33